

## **Institute Vision Team Guidelines Appendix 9**

### **Adult Care Group Leader**

Care Groups are the core of Institute. Care Groups are small groups of around ten participants, one or two youth leader(s), and one or two adult leader(s). Care Groups meet twice a day for an hour and a half at a time and grow together in faith through discussions, games, and other activities. Supplies are available for use in Care Groups, but leaders and the group plan what activities to do during Care Group time. There are typically eight to fifteen Care Groups at each session of Institute. Some of the evening Community Happenings are completed as a Care Group team. Being a Care Group leader is one of the most rewarding opportunities at Institute.

#### **Before Institute:**

1. Adult Care Group Leaders must be Safe Gatherings Certified through the Great Plains Annual Conference.
2. Attend Institute Staff training.
3. Prior to the session, meet or communicate with the Youth Care Group Leader(s) assigned to you (per Safe Gatherings guidelines).

#### **Facilitating the Week:**

1. Attend all Institute activities.
2. Make connections between Care Group sessions and the Institute theme.
3. Attend daily staff meetings at Institute.
4. Abide by the Institute covenant.
5. Balance the sessions with group building and spiritual content activities.
6. Concerns about Care Groups need to be shared with the Care Group Staff Coordinator (CGSC).
7. Adult Care Group Leaders, in addition to leading a Care Group, typically lead a Reflection Group, and also could serve Institute in the role of Resident Hall Parent or class leadership (Lifesavers and Creative Involvements).

#### **After Institute:**

1. Follow Safe Gatherings guidelines when mentoring or following up with group participants.

**Updated February 2020**